Canyon Ranch
SPA SALON FITNESS WELLNESS

SPAclub® on Seven Seas Explorer®
Explore the singular day spa that perfectly complements your Regent Seven Seas Explorer experience. Canyon Ranch SpaClub® elevates every spa treatment, environment and activity to unprecedented levels. Worthy of your Explorer voyage. Worthy of you.

Enhance your cruise with spa services, fitness classes and presentations – all of them geared toward your well-being. You can enjoy our nutritious cuisine, too, in the lovely Compass Rose Restaurant. Ask about the Canyon Ranch selection at each meal. Proof that you can eat well – without regret – even on the high seas!
ABOUT CANYON RANCH

Welcome to Canyon Ranch SpaClub®, where we’ve reimagined what a day spa can be. Here you can complement your voyage with life-enhancing experiences that are enduring, and can inspire lasting lifestyle change.

Every SpaClub offering is infused with the vision of our Canyon Ranch founders, Enid and Mel Zuckerman. In 1979, they sparked a worldwide health and fitness revolution, creating wellness resorts, luxury day spas and a healthy living philosophy that has inspired countless people to exercise, eat better and make positive lifestyle choices. I’m honored to be charged with growing this brand’s global influence, and share our mission of transformative wellness to live your fullest life.

Enjoy!

Susan Docherty
Canyon Ranch CEO
CANYON RANCH SPA CLUB®
LAS VEGAS
Canyon Ranch SpaClub® is a haven of serenity in the heart of exciting Las Vegas. Our award-winning luxury spa features everything you need to relax, refresh and re-energize.

WELLNESS RESORT
LENOX, MASSACHUSETTS
In a classic New England setting, nestled in the Berkshires, you’ll soothe your spirit, ignite your imagination and nurture the best version of you.

WELLNESS RESORT
TUCSON, ARIZONA
Legendary Canyon Ranch in Tucson, in the spectacular Sonoran Desert of Southern Arizona, has inspired thousands of guests to “live younger longer” – and enjoy the healthy vacation of a lifetime.
DESTINATION: HEALTH & WELLNESS

Your perfect voyage is exciting, relaxing and filled with wonders. And you want to go home feeling better than ever. That’s what Canyon Ranch SpaClub® is all about – nourishing the healthiest, best version of you.

We understand how easy it is to “overdo” on a cruise, and we’re all for it: Indulge in a luxurious body treatment that heals the body and vanquishes stress. Indulge yourself twice. Take that extra yoga class, or spend another hour in the gym. Why not?

Indulge in the things that make you feel your best – treat yourself well at SpaClub®
AQUAVANA® HYDROTHERMAL ENVIRONMENTS 7

SKIN CARE 8
Facials 9
Gentlemen’s Facial 11
Facial & Body Waxing 11

BODY TREATMENTS 12
Conditioning Body Scrubs 13
Organic Body Wraps 14
Rituals 14

MASSAGE & BODYWORK 16
Massage 18
From the East 21

SALON 22
Hair Services 23
Manicures 24
Pedicures 26
Makeup 27

FITNESS & WELLNESS 28
Specialized Wellness Services 31

SPA PRODUCTS 32
Canyon Ranch Bath & Body Products 33

GENERAL INFORMATION 36
ABOUT THE AQUAVANA® HYDROTHERMAL ENVIRONMENTS

Explore our aquatic suite – where the pleasures are rivaled only by the benefits. Unwind before a spa treatment, relax after a class or workout, rejuvenate before a big night, or simply enjoy this unique, therapeutic environment at your leisure. (Bathing suit not required – environments are single-sex. Robe and slippers are provided.)

INFRARED SAUNA (160°F - 200°F/70°C - 93°C)
Treat yourself to the detoxifying and healing benefits of infrared technology. Infrared is a comfortable and safe way to warm yourself inside and out. Emerge feeling relaxed, healthier and in better balance.

COLD ROOM (50–54°F/10°–12°C)
Cool air, heated seating and lighting effects help relieve fatigue and re-energize your body, mind and spirit. Cool therapy also improves muscle and joint function, blood circulation and oxygenation throughout the body.

EXPERIENTIAL SHOWER
Warming and cooling showers with environmental effects delight the senses. Choose your favorite immersive experience: tropical monsoon, Atlantic storm, gentle spring rain ... or experience all three in turn.

AROMATIC STEAM ROOM (104°F-118°F/40°C-48°C)
This cleansing and fragrant therapeutic environment provides steam infused with essential oils for a multisensory healing and mood-enhancing experience.

RELAXATION LOUNGE
Unwind and let go of all stress in your heated lounger, enveloped in comfort.
SKIN CARE
FACIALS

ADVANCED AGE-MANAGEMENT FACIAL
80 minutes  $330
One of the most advanced approaches to reduce signs of premature aging, this extraordinary facial diminishes the look of fine lines, lax skin, pigmentation, sun damage and scarring. Attention is also given to neck, décolleté, hands and arms.

AGELESS OXYGEN BOOST FACIAL
50 minutes  $263
The next generation of skin care – pharmaceutical results using pure, preservative-free formulas. This oxygen treatment builds collagen and elastin, increases cell turnover and hydrates, restoring the skin’s youthful glow.
Note: Extractions are performed as necessary.

AGELESS OXYGEN BOOST FACIAL ... THE ULTIMATE!
80 minutes  $342
Enjoy our Ageless Oxygen Boost Facial with an added bonus. This “ultimate” treatment also includes a collagen masque and 20-minute oxygen infusion.
Note: Extractions are performed as necessary.

CLEANSE & POLISH BACK TREATMENT
50 minutes  $175
A deep cleansing and exfoliation prevents and eliminates blackheads, whiteheads, breakouts and congestion – reducing the look of inflammation and irritation and leaving the skin clean and refreshed.

CITRUS VITA ESSENCE FACIAL
50 minutes  $285
An antioxidant facial treatment that restores vitality to sun-damaged skin and helps minimize signs of premature aging. Pure vitamin C stimulates collagen production and renews skin firmness.
SKIN CARE

DEEP CLEANSING FACIAL
50 / 80 minutes $175 / 260
This effective facial helps eliminate the appearance of blackheads, whiteheads and congestion. Your newly exfoliated and smoothed skin will feel clean, calm and refreshed.

OPTIONAL FACIAL ENHANCEMENTS

• Age-defying neck & décolleté treatment $58
• Age-defying therapeutic masque $58
• Brow tinting $46

SENSITIVE FACIAL
50 minutes $188
A calming and restorative skin treatment for anyone who experiences redness, irritation and dryness. A combination of vitamins, antioxidants and growth factors begin to rebalance and restore your skin’s integrity.

ULTIMATE RADIANCE FACIAL
50 minutes $285
A relaxing facial treatment for every type of skin, and especially beneficial for dull or dehydrated skin. Restore your skin’s tone and vitality with this purifying treatment, resulting in a radiant new you.

VITAMIN INFUSION FACIAL
50 / 80 minutes $199 / 291
Powerful vitamins A and C plus antioxidants help to re-establish your skin’s clarity and firmness and help guard against further damage. You’ll have a brighter, smoother and more youthful look.

OPTIONAL FACIAL UPGRADES
Enhance the results of our treatments by adding one or both of the following:

• Iontophoresis involves the use of an electrical current to facilitate greater penetration of vitamins into the skin. Choose two treatment areas (eyes, pigmentations, breakouts, scarring, etc.) $53

• Sonophoresis uses sound waves to transport vitamin molecules through the skin. It upgrades the effectiveness of your soothing anti-aging masque. $42
GENTLEMEN’S FACIALS

AGE-DEFYING MEN’S FACIAL
50 minutes $176
Using the best ingredients formulated for men, this treatment will help maintain an energized, youthful appearance. Smooth wrinkles, strengthen skin around the eyes and reduce puffiness and dark circles.

ESSENTIAL MEN’S FACIAL
50 minutes $176
Designed to address a man’s skin care needs, this treatment uses powerful coconut- and aloe-based products, removing skin impurities that are deeper and harder to reach.

HIGH-PERFORMANCE MEN’S FACIAL MASSAGE
80 minutes $253
Enjoy the combined benefits of a relaxing cranial massage followed by a deep-cleansing facial and exfoliation.

FACIAL & BODY WAXING

- Bikini $58  - Full body $264
- Brazilian $109  - Full leg $117
- Chin $34  - Full leg & bikini $170
- Eyebrow arch $46  - Half leg $58
- Forearm $58  - Hollywood $119
- Full arm $70  - Lip $35
- Full back $93  - Underarm $46
BODY TREATMENTS
CONDITIONING BODY SCRUBS

OCEAN SCRUB
50 minutes $175
Dry brushing with organic Dead Sea salts stimulates the lymphatic system, while an application of biodynamic honey, spirulina and essential oil leaves skin supple and calm.

SOUTH ATLANTIC COFFEE SCRUB
50 minutes $175
Begin with an intensely vitalizing sugar scrub, enriched with South Atlantic coffee to firm skin. Your skin is then deeply hydrated with cardamom amber oil blended with pure shea butter for a healthy glow.

SOUTH PACIFIC OHANA CIRCULATION POLISH
50 minutes $175
Enjoy a stimulating exfoliation of crushed bamboo, bamboo sap and oils of ginger and fir. An application of wild lime oil and Plum Blossom Silk Cream will seal in moisture for petal-soft skin.

WORLD-OF-RELIEF BODY BUFF
50 minutes $175
Your choice of organic essential oils combined with Dead Sea salts and a thorough dry brushing stimulates and exfoliates. A finishing application of biodynamic honey and essential oils hydrates and nourishes.
ORGANIC BODY WRAPS

EUPHORIC DETOX WRAP
50 minutes $199
Pure essence of rose, loaded with vitamin C and natural rhassoul clay to bind with impurities. A touch of moisturizing tangerine fig cream seals the deal.

SEAWEED LEAF WRAP
80 minutes $318
You’ll be warmly wrapped from head to toe in hand-harvested seaweed. This amazing, all-organic treatment detoxifies, firms and softens skin.

SEAWEED PEAT WRAP
50 minutes $199
Peat wraps have long been used in Eastern Europe to treat skin and rheumatic conditions. This wrap, which mixes organic seaweed extracts with micronized peat, offers potent detoxification.

TANGLE ME UP WRAP
50 minutes $199
Ground Laminaria digitata algae helps relax your tired muscles, relieve stress and banish fatigue. The powerful antioxidant compounds work to firm and tone your skin, alleviate the appearance of cellulite and signs of aging.

RITUALS

ARCTIC SEA NOURISHING RITUAL
100 minutes $356
A mushroom and phytonutrient wrap stimulates your lymphatic system. An organic birch and mineral hydrotherapy soak releases muscle tension, preparing you for a deep-tissue massage with Arctic berry and evergreen oils.
EUPHORIA RITUAL
100 minutes  $356
Your journey begins with a sage compress for your face and an aromatherapy scalp massage. A warm botanical body masque follows. Your ritual concludes with a soothing massage using warm herb-infused oil.

INDIAN OCEAN DETOXIFYING RITUAL
100 minutes  $356
A vigorous scrub with a blend of coffee, olive stones and fresh lemons is followed by a rich Moroccan clay body wrap to help speed the removal of toxins. You’ll receive a warm Turkish massage, then an application of shea butter and fig cream to protect, heal and restore your skin.

NORTH ATLANTIC JOURNEY
80 minutes  $260
Your body is exfoliated with organic sea salts from the Atlantic, enriched with sea algae and aloe vera and scented with Icelandic moonflower. Then, you’ll be enveloped in a hydrating wrap before a restorative massage with balancing lavender.

REVITALIZING NORTH PACIFIC RITUAL
100 minutes  $356
This six-part ritual was perfected in Japan. You’ll be scrubbed with warming ginger grass and bamboo before an awakening poultice stimulates the meridian lines. While wrapped in nutrient-rich rice bran, you’ll receive an acupressure facial massage. Soak in infused mineral waters before a shiatsu-inspired massage.

SOUTHERN OCEAN THERAPY
80 minutes  $260
Begin with dry brushing to encourage the flow of lymph throughout your body. An exfoliation with organic sea salts will fortify your skin. Then, a deeply therapeutic massage awakens your senses.
MASSAGE & BODYWORK
GET THE MOST FROM YOUR MASSAGE

Take Time
Give yourself plenty of time before your massage so you can enjoy the Aquavana® hydrothermal experience. Warm muscles benefit most from bodywork.

Shower
A warm shower just before your massage is relaxing and washes away any salts, minerals or chemicals that could clog pores when mixed with massage oils. Then put on your robe and meet your therapist.

(Un)dress the Part
Unless the service description specifies that your massage will be received clothed, we recommend that you undress completely and wear just a robe to your massage. You will be able to take your robe off and cover yourself in privacy, and you will be draped with a sheet throughout the service. For services that are received clothed, shorts and a T-shirt are ideal.

Talk with your Therapist
Before your massage, tell your therapist which areas you would like to focus on and any areas to be avoided. During your massage, let your therapist know if you feel any discomfort. Communication is key to getting the massage you want.

Relax
Close your eyes and allow your mind and body to relax. Focus on how you feel. Breathe deeply and let tension slip away with each breath. Remember, this time is for you.
MASSAGE

AROMATHERAPY MASSAGE
50 / 80 minutes  $188 / 260
An all-natural, sense-seducing escape from the everyday world. This fragrant, full-body massage is the ultimate healthy pleasure. Just breathe.

AROMATHERAPY MUSCLE SOOTHER
80 minutes  $260
A focused, all-over body massage designed to release tight, fatigued muscles and joints.

CANYON RANCH MASSAGE
50 / 80 minutes  $181 / 253
Uniquely relaxing, our signature full-body massage stimulates circulation and soothes tight muscles.

CANYON STONE MASSAGE
80 minutes  $272
Smooth, rounded basalt stones are gently heated and used by the therapist as extensions of his or her hands. The heat of the stones penetrates muscle tissue, inducing deep relaxation without overheating.

DEEP TISSUE MASSAGE
50 / 80 / 100 minutes  $212 / 306 / 380
Feel the need for a really deep massage? Put yourself in an expert therapist’s hands for an intensive experience focused on releasing deep muscle layers.

SOLE REJUVENATION
50 minutes  $188
Your tired, overworked feet will be cleansed and softened with a relaxing scrub. A dedicated massage soothes aches and melts away tension.

Note: You are welcome to wear loose-fitting clothing.
SPORTS MASSAGE
50 / 80 minutes $207 / 300
Sports massage is a generic term for three types of massage associated with athletic performance. Each type provides its own benefits and uses different techniques.

TENSION ZONE MASSAGE
50 minutes $195
Get that weight off your shoulders. Your therapist will relieve all the tension in your head, neck and shoulders.
*Note: Not a full-body massage.*

AWAKENING MASSAGE
50 minutes $195
Reenergize your body, mind and spirit. Your all-over body massage is followed by a foot massage to restore a positive state of mind.

Two-by-two Massage
Share the Canyon Ranch experience with someone special with side-by-side massages. You can book two therapists and two tables for your choice of:

AROMATHERAPY MASSAGE
50 / 80 minutes $376 / 520

AROMATHERAPY MUSCLE SOOTHER
80 minutes $520

CANYON RANCH MASSAGE
50 / 80 minutes $362 / 506

CANYON STONE MASSAGE
80 minutes $544

DEEP TISSUE MASSAGE
50 / 80 / 100 minutes $424 / 612 / 758

TENSION ZONE MASSAGE
50 minutes $351
OPTIONAL MASSAGE ENHANCEMENTS

DRY-NO-MORE SCALP TREATMENT
A restorative treatment that protects and moisturizes the scalp, combats scalp dryness and revitalizes the hair.

OILY-NO-MORE SCALP TREATMENT
This relaxing treatment protects and moisturizes the scalp while helping to control dandruff caused by excess oil and inflammation of the hair follicle.

REVITALIZING FOOT TREATMENT
A peppermint and tea tree foot balm is massaged on your feet to energize and restore circulation

AYURVEDA

5 POINT STAR
50 minutes
Steeped in ayurvedic tradition, this service connects body and mind, promoting harmony with herbal infusions applied on the head, hands and feet.

AYURVEDIC SIGNATURE BODY WRAPS
50 minutes
Avarna – Sanskrit for “envelopment” – beautifully exemplifies the cocooning effect of body wraps.
Herbal rejuvenation – a tri-dosha experience for whole-body nourishment, purification and hydration.
Cucumber & aloe – a soothing treatment designed to balance the fiery nature of pitta dosha (perfect for overexposure to the sun).
Lymphatic detoxification – to stimulate lymph flow and eliminate toxins.
Herbal cellulite wrap – helps reduce the appearance of cellulite, tighten skin and alleviate the sluggishness of kapha dosha types.
SHIRODHARA
50 minutes $207
Feel the serenity as the warm oils nurture your hair and scalp. An Indian balancing bowl, used on the soles of your feet, soothes the spirit and helps balance your body’s energies.

FROM THE EAST
Please wear light, loose-fitting clothing for these services.

REFLEXOLOGY
50 minutes $188
Release life’s tensions through the energy meridians on the soles of your feet.

SHIATSU*
50 / 80 / 100 minutes $188 / 260 / 324
In this Asian technique, the therapist uses thumbs, fingers and palms to stimulate the body’s energy system, applying pressure to acupoints to help release tension.

THAI MASSAGE*
50 / 80 minutes $188 / 260
Using slow, focused movements and compressions to guide the body through stretches, Thai massage creates a feeling of lightness and comfort. Given on a traditional floor mat.

*Subject to provider availability
HAIR SERVICES

HAIR DESIGN

Bang / fringe trim $20

Cut & style  
short $102  
medium-length $113  
long $124

Shampoo, cut & blow-dry  
short $102  
medium-length $113  
long $124

Shampoo, rollerset & blow-dry  
short $66  
medium-length $78  
long $89

Blow-dry enhancements  
add-on $43  
extra-long $31  
super curly $31  
comb-out $55

Updo / upstyle  
medium-length $89  
long $102

Men’s haircut $43

Mustache & beard trim $20

COLOR & HIGHLIGHTING

Bleach $88

Full highlights $195

Highlights – 2 to 4 foils $55

Partial highlights $136

Tint – roots only $102

Tint, toner or semi-permanent color  
short $113  
medium-length $124  
long $136

HAIR & SCALP TREATMENT

80 minutes $195

Restore your hair’s natural vitality with custom hair care and scalp treatments. A designer style completes the treatment.
MANICURES

AGE-DEFYING MANICURE
45 minutes  $117
Vitamins A, C and E plus alpha hydroxy acids to soften dry, rough, chapped skin, unveiling smooth-as-silk hands.

CANYON RANCH MANICURE
45 minutes  $55
Gentle exfoliation, aromatic soak and lotions leave skin silky smooth.

FRENCH MANICURE
50 minutes  $60
The Canyon Ranch manicure with added elegant nail varnish finish. Classic white tip. Suitable for all occasions.

SHELLAC MANICURE
50 minutes  $117
Say goodbye to nicks, chips and smudges. Enjoy a Canyon Ranch manicure finished with gel polish.
**GENTLEMEN’S MANICURE**

**30 minutes**

This treatment provides hydration and exfoliation using products that appeal to a gentleman’s senses. Includes a file, soak, groom, massage and buff.

**HANDS SO SOFT MANICURE**

**45 minutes**

Warm paraffin hydrates dry skin, softens cuticles and soothes aching joints like nothing else.

**NAILS**

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<tr>
<th>Service</th>
<th>Price</th>
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<td>French</td>
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<td>• Soak-off</td>
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PEDICURES

AGE-DEFYING PEDICURE
50 minutes $156
Vitamins A, C and E plus alpha hydroxy acids soften dry, rough, chapped skin, unveiling smooth-as-silk feet.

CANYON RANCH PEDICURE
50 minutes $89
Maintain healthy, refreshed feet with a gentle exfoliation, an aromatic soak and moisturizing essential lotions.

CANYON STONE PEDICURE
80 minutes $198
Experience the ultimate. We’ll nurture your senses as your technician massages your feet and lower legs using warm basalt stones and fragrant essential oils. This pampering delight is followed by warm paraffin.

FEET SO SOFT PEDICURE
50 minutes $150
Warm paraffin hydrates dry skin and soothes aching joints like nothing else. Say goodbye to painful joints and dried-out cuticles.

SHELLAC PEDICURE
50 minutes $123
No more nicks, chips and smudges. Enjoy a Canyon Ranch pedicure finished with a gel polish.
GENTLEMEN’S PEDICURE
30 minutes  $89
A delightful treatment that provides hydration and exfoliation using products that appeal to a gentleman’s senses. Includes a file, soak, groom, massage and buff.

SPORTS PEDICURE
50 minutes  $101
Smooth and cool your active feet. Self-heating oil relieves aches and increases blood circulation; a final cooling gel leaves your feet feeling like new.

MAKEUP
MAKEUP CONSULTATION  $78
Let our professional makeup artists create a new look for you.
FITNESS & WELLNESS
EDUCATIONAL PRESENTATIONS & WORKSHOPS
Learn, be inspired and have fun during complimentary presentations and workshops offered by Canyon Ranch professionals. Consult your daily program for topics, times and locations.

Take this chance to consult one-on-one with a fitness expert about how to achieve your optimal health, fitness and lifestyle goals.

BASIC FITNESS ASSESSMENT
80 minutes $194
Have your fitness level assessed through five tests: cardiovascular endurance, muscular strength, muscular endurance, flexibility and body composition. An expert will then design a safe and effective exercise program just for you.

BODYSTAT BODY COMPOSITION ANALYSIS
25 minutes $85
Quick, comprehensive and noninvasive, the Bodystat Body Composition Analysis provides a complete picture of your body makeup and hydration level. Learn how much of your total body weight is fat and how much is lean tissue (including muscle and bone).

COMPLIMENTARY FITNESS CLASSES
45 minutes
From yoga to aerobics, Pilates to indoor cycling, our schedule of daily classes offers nearly endless opportunities to learn, get fit and have fun. Consult your daily program for times, locations and descriptions. Sign up in the gym or at Spa Reception.

EXERCISE FOR WEIGHT LOSS
50 minutes $123
Learn how to stimulate your metabolism to reduce body fat. Whether you’re beginning a program or are an avid exerciser, we can create an effective fitness program based on your goals and abilities.
PERSONAL TRAINING SESSION
25 / 50 minutes $85 / 123
In this private session, a trainer will develop or fine-tune a fitness program tailored to your needs, preferences and goals. Popular areas of focus include:
Blood pressure • Exercise for travel • Body sculpting • Pregnancy • Bone health • Strength • Cardiovascular fitness

PERSONAL TRAINING SESSION (2 PEOPLE)
50 minutes $188
In this session for two, a trainer will focus on any of the topics above or on another interest you share.

SPACLUB® EXERCISE PRESCRIPTION
50 minutes $123
A Canyon Ranch exercise professional creates a customized program to help you achieve your fitness goals, whether you’re a novice or an experienced exerciser.

PERSONAL PILATES SESSION
50 minutes $123
A private Pilates session on the mat.
SPECIALIZED WELLNESS SERVICES

BACK CARE
50 minutes  $123
Do something about that aching back. Our fitness specialists, skilled in addressing musculoskeletal problems, make a professional assessment and provide you with practical preventive care recommendations.

GAIT ANALYSIS
25 minutes  $110
Get a computerized assessment of the biomechanics of your feet as you walk across an orthotics mat. Includes review and recommendations for orthotics, if indicated. (Off-the-shelf Foot Doctor orthotics are available.)

Note: This service is not appropriate for evaluating prescription orthotics you are already using.
SPA PRODUCTS

PROUDLY OFFERING:

red flower

The pioneering, toxin-free, luxury botanical beauty brand. Engage the senses with the therapeutic power of plants from around the world.

Natura Bissé

Natura Bissé, founded by Ricardo Fisas Mulleras, has been a leader in professional cosmetics since 1979. Its luxury skin care products contain high concentrations of active ingredients that offer the best guarantee of success.

Hourglass

Hourglass. At the intersection of science, beauty and luxury, Hourglass is acclaimed for its breakthrough formulations. The products are infused with the most effective active ingredients available to make your skin its loveliest.

Luzern

Indulgent skincare at the forefront of clean beauty innovations for over a decade. Nutrient-rich formulas contain Bio-Suisse-certified extracts and advanced cosmeceuticals to ensure optimum potency without the use of skin-ageing additives and irritants. The full line of spa products is toxin-free and processed in small batches for the perfect blend of purity and power.

BRICKELL

A high-performing natural skincare line designed exclusively for men that combines organic, high-quality natural ingredients with green technology.

For more than 25 years, known for state-of-the-art, results-driven products and treatments to meet the needs of people of all ages, skin types and ethnicities. Contains vitamins A, C, antioxidants, peptides and growth factors that keep skin looking healthy and beautiful.

Unsurpassed products and treatments that satisfy the simple desire for exceptional hair.

Shankara

Shankara. 100% natural, effective products and holistic spa treatments with a unique East-West approach that promotes overall well-being. Ayurvedic treatments help bring balance to the whole person, leaving you feeling refreshed and able to fully enjoy your cruise.

The leader in organic seaweed skin care worldwide for more than a decade. Created lovingly by the Walton family, on the west coast of Ireland, VOYA is a spa brand that uses only hand-picked wild seaweed to help improve your health, skin and well-being.
CANYON RANCH BATH & BODY PRODUCTS

Gentle, replenishing and suitable for the most sensitive skin – the Canyon Ranch Bath & Body products line is all you’d expect from the most trusted name in health and wellness.

We created these products with all-natural ingredients, a refreshing signature scent, rich, creamy textures and – naturally – no parabens, sulfates or propylene glycol. Rich dilo oil and chia seed oil, the key ingredients in our skin care and hair care products, unite nature’s powerful health enhancers to cleanse, nurture and protect, day after active day.

Start your day with a fresh outlook – and enjoy the feeling all day long!

- Revitalising body wash
- Soothing body scrub
- Gentle shampoo
- Nourishing conditioner
- Soothing moisturizer
- Sun defense lotion
- After-sun cooling gel
- Lip shield
- Uplifting candle

Products are available for purchase at the Spa and from our online store, shop.canyonranch.com
GENERAL INFORMATION

• SpaClub® guests must be at least 18 years of age.
• Spa services are available for teens ages 16-17. Please inquire at the spa desk for details.
• Smoking is not permitted.
• Alcoholic beverages are not served or permitted.
• Mobile phones and laptops are not allowed.

FOR APPOINTMENTS
For more information or to book an appointment, please contact the spa onboard.

HOURS
Fitness Center: 7am to 9pm daily
Spa, Beauty Center & Skin Care: 8 am to 8 pm daily

GRATUITIES
An 18% service charge has been included in all prices for your convenience. Any additional gratuities for exceptional service are appreciated, but not expected.

AT YOUR SERVICE
Our friendly and knowledgeable staff is here to help recommend and schedule SpaClub experiences that will be beneficial and enjoyable.

WHAT TO BRING
Please bring your own fitness wear and bathing suit – we do not provide clothing. Shirts and closed-toed athletic shoes must be worn in the fitness area. We suggest locking valuables in your stateroom, not in your locker.

AVAILABILITY OF TREATMENTS, SERVICES & FACILITIES
All treatments, services and facilities are subject to availability. Certain promotional treatments are only available during limited periods of the voyage, for example on a specified port day. While every effort is made to ensure the full availability of spa services, ongoing maintenance, refurbishment or unforeseen circumstances may result in some of the facilities being withdrawn at short notice.

PRICES
Rates are subject to change. Please ask one of our staff members for the price of your service before you book.
REFUND POLICY
Our goal is to provide you with professional services and products that exceed your expectations and increase your feeling of well-being. If you are not completely satisfied, please contact the Spa Director.

CANCELLATION POLICY
SpaClub® cancellations must be received at least 6 hours before scheduled Spa appointments, or 3 hours before scheduled Salon appointments, or the full service fee is charged. Thank you for your understanding. Please visit SpaClub or press the Spa button on your stateroom phone to cancel appointments.

CONCERNS?
We aim to promptly address any issues. However, if it has not been possible to deal with your complaint to your satisfaction while on board, please email: spaclubatsea@canyonranch.com or call 855.206.6655, or, to dial internationally, 520.239.3283.

CANYON RANCH STORE
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