THE SPACLUB® EXPERIENCE

In a city well known for countless attractions that amaze and delight, we’re pleased to welcome you to Canyon Ranch SpaClub® in Las Vegas, a 134,000-square-foot healthy haven in the heart of The Strip. Here you can choose from more than 150 spa, salon and wellness experiences to help you discover the best in you.

Canyon Ranch SpaClub has perfected the balance between pure relaxation and energetic recharge. It’s where you’ll experience healthy pleasures to enhance body, mind and spirit.

DINING AT CANYON RANCH SPACLUB®
Nourish your body with the healthy, innovative fare that Canyon Ranch® is famous for. Our ingredients are organic and free of additives and preservatives. Serving breakfast, lunch, specialty beers and wines. Open daily starting at 7 am.

Canyon Ranch Grill™
Located in the SpaClub entrance in The Palazzo, just off the third floor suite elevators.

Canyon Ranch Café™
Located on the fourth floor of The Venetian via the suite elevators, pool deck or by using the designated elevator located in the Grand Canal Shoppes.

AQUAVANA EXPERIENCE
Enjoy the healing and tension-releasing power of advanced hot, warm and cold water treatments. The Aquavana® hydrothermal experience is a complete European-inspired suite of spa cabins, showers, tubs and bathing environments.

SPACLUB® DAY PASSPORT
You’ll receive complete, all-day access to one of the most extensive, beautifully equipped spas in North America. Work out in our fitness centers with the newest equipment, join in fitness and mind-body classes, and totally relax and refresh with the Aquavana experience.

Venetian/Palazzo Hotel guests: $50 per day
Non-hotel guests: $60 per day

(T) Indicates services available for teens 14–17 when accompanied by a parent or guardian.
(C) Indicates services available for couples.
MASSAGE

CANYON RANCH MASSAGE
50/80 minutes $175/275
Indulgent and uniquely relaxing. Our full-body massage stimulates circulation and soothes tight muscles. (T)

DEEP TISSUE MASSAGE
50/80 minutes 200/310
Intense bodywork: Bring it on. Focused techniques reach deep muscle layers.

CANYON STONE MASSAGE
80 minutes 300
Heated basalt stones provide penetrating relief to sore muscles, for deep relaxation.

HEAD, NECK & SHOULDERS
50 minutes 175
Wound up from stress? Give your stiff neck and tight shoulders a break. (T)
Note: Not a full-body massage.

REFLEXOLOGY
50 minutes 190
A treat for your feet with whole-body benefits.

AROMA BLENDS MASSAGE
50/80 minutes 190/300
Our Canyon Ranch Massage, enhanced with custom-blended aromatherapy oils.

SHIATSU
50/80 minutes 190/300
Relax, energize, awaken. Pressure is applied to acupoints and along meridians to balance yin and yang.

THAI MASSAGE
50/80/100 minutes 190/300/325
Stretches soft tissues while working to harmonize vital energies. Soothing and rejuvenating.
Please wear light, loose-fitting clothing.

ASHIATSU MASSAGE
50/80 minutes 190/300
The ultimate deep massage. Your therapist uses overhead bars for balance, using his/her feet to release sore, tight tissues.
SOLE REJUVENATION FOOT MASSAGE  
50 minutes  $175  
Relieve travel-weary, overworked feet. Amazing how this targeted massage melts away tension.

ABHYANGA  
50/80 minutes  245/385  
A full-body ayurvedic treatment performed by two therapists in synchronistic rhythm using warm sesame oil.

SHIRODHARA  
50 minutes  200  
A stream of warm, herb-infused oil is poured over the forehead. Scalp massage, meditative bliss.

ABHYANGA-SHIRODHARA  
80 minutes  310  
The perfect combination of the abhyanga and shirodhara, performed by one therapist.

PRENATAL MASSAGE  
50 minutes  175  
Our Canyon Ranch Massage, adapted for ultimate comfort. A special blend of oils adds an extra touch.

**ENHANCEMENTS**

Add to your massage experience without adding time.

**AYURVEDIC HERBAL OIL**  
$15  
Choose from six specially blended oils: soothe, calm, energize, harmonize, awaken or nourish.

**MOISTURIZING HAIR & SCALP TREATMENT**  
30  
Delivers new luster, bounce and manageability to damaged or dry hair and scalp.

**MUSCLE THERAPY**  
30  
Aches and pains melt away with this organic herbal oil.

**REVITALIZING FOOT TREATMENT**  
30  
Mint-scented foot scrub restores circulation.

**SELF-HEATING MUD**  
30  
Experience a self-heating, bubbling effect that feels fantastic. A detoxifying treat.

**SCALP REFRESHER**  
30  
Wow! Aromatic peppermint deep cleanses, exfoliates and stimulates hair growth.

**TENSION BALM**  
30  
A healing ointment is massaged into any area where muscle tightness is a concern.
EXCLUSIVELY FOR COUPLES

COUPLES RETREAT
100 minutes  2 guests $690
Share a sublime experience in our couples ritual room: scalp massage, full-body exfoliation, cleansing shower and a luxurious scented bath for two – followed by full-body scented massages.

ROMANCE THE ONE YOU LOVE
80 minutes  2 guests 600
The Couples Retreat, without the full body massage. Your treat instead is an application of luxurious hydrating body cream.

RASUL CEREMONY
50 minutes individual/2 guests 175/210
A warm, ornately tiled steam chamber, purifying muds, an herbal sensory experience. Fabulous. Indulge solo, or with a partner.

BODY TREATMENTS

BODY SCRUB
50 minutes $190
Treat your skin to a scrub that leaves it feeling soft and velvety smooth.

BODY SCRUB & FULL-BODY MASSAGE
100 minutes 345
For the ultimate in relaxation, select the extended experience. You’ll be glad you did!

AUTHENTIC AROMATHERAPY TREATMENT
50/80 minutes 210/325
Choose your own special blend of essential oils to enhance deep relaxation, emotional balance and relief of aches and pains. Please do not wear makeup. (T) ♧
Note: This is not a massage.

PRENATAL REPLENISHING TREATMENT
80 minutes 300
Buff away stress, improve circulation, and emerge with wonderfully soft skin.

REIKI
50 minutes 190
This Japanese technique for stress reduction and relaxation leaves you feeling totally refreshed. Please wear light, loose-fitting clothing.

CRANIOSACRAL THERAPY
50 minutes $190
With a subtle adjustment of the rhythm of the cerebrospinal fluid, you’ll feel a deep sense of calm.

NEUROMUSCULAR THERAPY
100 minutes 330
NMT is precise, soft tissue therapy that releases trigger points that cause pain and stiffness. Note: This is not a massage.

ACUPUNCTURE
50 minutes 210
Acupuncture stimulates natural healing processes and aids in relaxation.

SEVENTH HEAVEN
80 minutes 300
Reverse the signs of time and dissolve tension with this all-over exfoliation and hydrating treatment.

BODY WRAPS

COCOON
50 minutes $190
Gentle exfoliation and soothing body treatment as you relax in our cocoon envelopment bed.

COCOON & FULL-BODY MASSAGE
100 minutes 345
For the ultimate in relaxation, select the extended experience. You’ll be glad you did!

RITUAL BATHS

EUPHORIA
100 minutes 345
Your euphoric journey: aromatherapy scalp massage, body masque, soaking tub and body massage.

HIGH DESERT BATH & MASSAGE
80 minutes 300
After a full body exfoliation, revel in a soothing soak of fragrant sage bath salts, followed by a massage.
**FACIALS**

**CLASSIC EUROPEAN FACIAL**
50 minutes  $175
Pure, luxurious products are selected to address your skin’s needs. (T) 🌟

**DEEP-CLEANSING FACIAL**
50 minutes  185
Purify, soothe and balance the look of problematic skin. (T) 🌟

**SENSITIVE FACIAL**
50 minutes  185
If you experience redness, irritation and dryness, let us gently nourish and pamper your skin. (T) 🌟

**"JUST FOR YOU" CUSTOM FACIAL**
50 minutes  275
Your skin is special. Let our experts analyze what makes it so and address your personal needs. 🌟

**24K FACIAL**
50 minutes  250
The 24k gold masque penetrates deeply to brighten and restore a healthy, radiant complexion. 🌟

**DIAMOND FACIAL**
50 minutes  350
Diamond powder revitalizes the skin, leaving it youthful, firmer and more luminous. 🌟

**ULTIMATE HYDRATION FACIAL**
50 minutes  185
The ultimate remedy for severely dehydrated, moisture-starved skin. 🌟

**ULTIMATE OXYGEN FACIAL**
80 minutes  325
A luxurious, oxygen-boosting facial that supports the building of collagen and elastin. 🌟

**VITAMIN-C FACIAL**
50 minutes  200
Concentrated antioxidants and peptides nourish and protect skin against the signs of aging. 🌟

**MICRODERMAGLO**
80 minutes  $325
We combine the technology of oxygen infusion and microdermabrasion, with beautiful results. 🌟

**UPLIFTING FACIAL**
80 minutes  325
This anti-aging facial has it all. Includes a customized treatment with toning and microdermabrasion. 🌟

**YOU GLOW GIRL PRENATAL FACIAL**
50 minutes  175
Let us take care of your skin as it changes through the trimesters and after delivery. 🌟

**GENTLEMEN'S FACIAL**
50 minutes  175
Tailored to a man’s skin. Look and feel relaxed and revitalized, ready for an active day. 🌟

**MICRODERMABRASION**
25 minutes  105
Restore a natural, youthful glow in minutes with this crystal-free and non-invasive treatment.

**FACIAL ENHANCEMENTS**
*Add to your facial experience without adding time.*
- Collagen Masque 40
- Enzyme Treatment 40
- Eye Treatment 40
- Lip Treatment 40
- Microcurrent 40
- Neck & Decollete Lift & Firm 40
- Peel 40
- Specialty Masque 40
- Vitamin Infusion 40
- Crystal-Free Microdermabrasion 75
- Hydratone Masque 75
- Oxygen Boost 75

**BODY & FACIAL WAXING**
- Bikini 60
- Brazilian 110
- Chest or stomach 50
- Chin waxing 35
- Eyebrow arch 35
- Full arms/Half arms 75/40
- Full face (including brow) 80
- Full legs/Half legs 110/55
- Full back/Half back 110/55
- Lip waxing 30
- Shoulders 35
- Underarms 40
MAKEUP
AIRBRUSH MAKEUP
45 minutes $120
Combines traditional makeup application with airbrush artistry to create a photo-finish look. (T)

EYES ONLY
30 minutes 50
For the woman on the go. Let our makeup professional create stunning eyes for your special event. (T)

LASH APPLICATIONS
Choose your style of lashes (T)
35

LASH EXTENSIONS Fee and times vary
Semipermanent eyelash extensions will be applied to individual lashes, creating a full, natural look. (T)

MAKEUP CREATION
45 minutes 90
Let a makeup professional create a new look just for you. (T)

MAKEUP CREATION & LESSON
50 minutes 165
Become your own makeup artist. A professional shows you how. (T)

TINTING (T)
• Eyebrow Tint 40
• Lash Tint 55

MANICURES
Great for gentlemen too.
CANYON RANCH MANICURE
50 minutes $70
Enjoy a deluxe manicure that pampers, restores and refreshes. (T)

GEL MANICURE
50 minutes 90
Say good-bye to nicks, chips and smudges. Finished with gel polish. (T)

NAILS ON THE GO
25 minutes 50
A classic groom and polish for hands in a hurry. (T)
HAIR

HAIR DESIGN (T)
- Designer cut $75
- Designer cut & style
  Short/Medium/Long 140/155/170
- Designer style
  Short/Medium/Long 65/80/95
- Updo 110

COLOR & HIGHLIGHTING (T)
- Bleach $125
- Corrective color with consultation Fees vary
- Full highlights/Double process 165
- Partial highlights 125
- Tint, toner or semipermanent (single color) 95

DESIGNER PERMS (T)
- Permanent 125
- Relaxer 125

SPECIALTY HAIR SERVICES (T)
BRAZILIAN BLOWOUT® $450
Provides radiant, frizz-free hair for up to 12 weeks.

CANYON RANCH HAIR & SCALP TREATMENT 180
Restore natural balance to your hair and scalp. A designer style completes this service.

EXTENSION/STRAIGHTENING CONSULTATION 50
Consult one of our specialized stylists to determine which hair treatment is right for you.

HAIR EXTENSIONS Fees and times vary
Let a certified hair extension specialist create your new style. Note: A consultation is required.

HAIR ENHANCEMENTS (T)
Add to your hair experience without adding time.

BARBER (T)
Our design team of expert barbers offer a full spectrum of services, from styling to color.
- Beard trim and shave $105
- CEO cleanup 35
- Haircut 75
- Hair color 95
- Head shave 85
- Mustache/goatee trim 40
- Straight-razor shave 85

NAIL ENHANCEMENTS (T)
- Fills – acrylic, fiberglass or silk $80
- Fills – pink & white or gel 105
- Full set – acrylic, fiberglass or silk wraps 125
- Full set – pink & white or gel 135
- Gel polish removal 25
- Nail repairs 25
- Acrylic nail removal 55
- Nail art Fees vary 30
- Polish change

PEDICURES
Great for gentlemen too.

CANYON RANCH PEDICURE 50 minutes $90
Enjoy a deluxe pedicure designed to perk up even the most overtaxed feet. (T)

ULTIMATE PEDICURE 50 minutes 125
Our Canyon Ranch Pedicure, with the added therapy of a hot stone massage on lower legs and feet. (T)

TOES ON THE GO 25 minutes 70
A classic groom and polish for feet in a hurry. (T)

ENDLESS ENERGY PEDICURE 80 minutes 135
Relief! Includes an exfoliation, a self-heating mud masque and a cooling gel treatment. (T)

BALANCING FOOT VEIL 80 minutes 155
Balance your doshas and relax from the soles up with a classic ayurvedic pedicure. (T)

HANDS OR FEET ENHANCEMENTS (T)
Add to your nail experience without adding time.

ECO-FIN® TREATMENT
FRENCH STYLE

FRENCH STYLE

105
35
75
95
85
40
85

**WORKOUT**
Just because you’re in Las Vegas, there’s no need to skip a daily workout. Canyon Ranch SpaClub® has two beautiful, well-equipped fitness facilities.

**PRIVATE GROUP FITNESS CLASSES AND WELLNESS PRESENTATIONS**
Presentations, fit breaks and customized classes led by certified wellness experts are available upon request.

**DROP-IN FITNESS CLASSES**
$20
For the schedule, visit: canyonranch.com/lasvegas

**EXERCISE & MOVEMENT**

**Individual Sessions:**

**PERSONAL TRAINING**

**25/50 minutes**
Have a certified personal trainer take you through a private workout covering cardiovascular exercise, strength training and stretching. *(T)*

**PILATES**

**50 minutes**
Helps you build strength through balanced motion. Using our Pilates equipment in a one-on-one session, you’ll improve posture and flexibility. *(T)*

**KINESIS®**

**25/50 minutes**
Focused on balance, flexibility and stability, Kinesis® builds endurance and trains muscles to work together efficiently and safely. *(T)*

**ROCK WALL CLIMBING**

**25/50 minutes**
Challenge your body and spirit by climbing our 40-foot indoor rock wall. Shoes and helmets are provided and required. Please wear socks and fitness attire for this activity. *(T)*
EXERCISE PHYSIOLOGY

BASIC FITNESS ASSESSMENT
80 minutes $160
An exercise physiologist assesses your fitness level through five tests: cardiovascular endurance, muscular strength, muscular endurance, flexibility and body composition. (T)

BODY COMPOSITION ANALYSIS
25 minutes 30
Skin-fold calipers are used to measure your percentage of body fat in relation to lean body mass. (T)

EXERCISE FOR WEIGHT LOSS & BODY DEFINITION
50 minutes 120
Meet with an exercise physiologist who will design an exercise program that meets your needs. (T)

FINDING YOUR FITNESS AGE
80 minutes 160
Learn your fitness age through a variety of assessments. An exercise prescription for improvement will be provided.

Rx FOR EXERCISE
50 minutes 120
An exercise physiologist designs a take-home program based on your goals, interests, time, physical limitations and available facilities. (T)

TARGET HEART RATE DETERMINATION
50 minutes 120
Forget all those charts and graphs. Make the most efficient use of your workout time. (T)

RMR – RESTING METABOLIC RATE
50 minutes 135
Learn the number of calories you require for daily living. Note: This test is to be done while in a relaxed state, preferably the first thing after waking up. No caffeine, stimulants or food for at least 4 hours prior. Also, no exercise the day of the test. Basic caloric nutrition and energy expenditure (exercise) information will be provided during the appointment.

RESTING METABOLIC RATE FOLLOW-UP
80 minutes 185
Following your test and review, you may choose to consult with an exercise physiologist to create a strength and conditioning plan, or a nutritionist to develop your personalized eating plan.

NUTRITION

DIABETES MEAL PLANNING
80 minutes $160
Meet with a registered dietitian for recommendations on controlling your blood sugar.

FASTEST MEALS IMAGINABLE
50 minutes 110
This session will help you create a repertoire of fast, easy, delicious and well-balanced meals. (T)

HEALTHY WEIGHT IN-DEPTH
80 minutes 160
Do you struggle with weight issues? Get an in-depth assessment, fresh ideas and recommendations.

HEALTHY WEIGHT TUNE-UP
50 minutes 110
Recommended if you are interested in the latest information and nutritional coaching.

HEALTHY WEIGHT AT HOME
30 minutes 50
Receive ongoing nutritional guidance by phone to support your personalized program. (T)

LIFETIME NUTRITION CONSULTATION
50 minutes 110
Meet with a registered dietitian who assesses your lifestyle and provides advice. (T)

Topics include:
- Dining out, ordering in and travel tips
- Gluten free
- Eating for energy
- Healthy pregnancy and breastfeeding
- Kids and food
- Maximizing your metabolism
- Multivitamins for multitasking lifestyles
- Express foods & snacks—quick fixes
- Vegetarian/vegan needs

POWER LUNCH
80 minutes 195
Receive a nutrition consultation; then you and a registered dietitian enjoy a delicious lunch together at Canyon Ranch Grill. Note: Cost of lunch is included.
CANYON RANCH HEALTHY FEET®

GAIT & FOOTWEAR ANALYSIS
25 minutes  Fees vary
Your foot expert will provide you with shoe and orthotics recommendations, if indicated. (T)
Note: This service is not appropriate for evaluating prescription orthotics you are already using.

FOOT & LEG THERAPY

HEALING THERAPY
80 minutes  $275
This treatment helps relieve pain, using HIVAMAT® 200 electrostatic stimulation therapy.

CANYON RANCH SIGNATURE FOOT & LOWER LEG REJUVENATION
80 minutes  275
A warm herbal soak, followed by deep oscillation with the HIVAMAT® 200, and foot/leg massage.

FOOT RESCUE! PEDICURE
50 minutes  110
Pure relief. We'll focus on the three Cs of wear and tear – calluses, corns and cracked dry skin.

HEALTHY ON YOUR FEET
50 minutes  175
If you experience foot, ankle or knee pain, this focused foot and lower leg massage is for you.

INJURY RELIEF
50 minutes  190
Our experts will help with a range of therapies for aches and pains due to injuries.

GENERAL INFORMATION

HOURS
SpaClub® is open from 6 am to 8 pm daily.

APPOINTMENTS
SpaClub & Salon: 702-414-3600
Outside Las Vegas: 877-220-2688
Guests of The Venetian, Venezia or The Palazzo may call Ext. 4-3600

LOCATION
Canyon Ranch SpaClub® may be accessed from the fourth floor of The Venetian via the suite elevator, the pool deck or by using the dedicated elevator located in the Grand Canal Shoppes. The Palazzo guests may access SpaClub facilities by taking the suite elevator to the third floor.

ARRIVAL GUIDELINES
We recommend that you arrive at least an hour before your scheduled service so that you may enjoy our lounge and Aquavana® experience.

CANCELLATION POLICY
Cancellations must be received at least 24 hours prior to appointment time or the full-service fee will be charged. If an appointment is rescheduled on the day of service, a charge will be assessed.

WHAT TO BRING
SpaClub® does not provide fitness wear or swimwear, although many items are available for purchase. Shirts and closed-toe athletic shoes must be worn in the fitness area.

TEENS
SpaClub welcomes guests ages 14–17 to access our fitness facilities when accompanied by a parent or guardian. Specific tandem massages, bodywork and skin care services are available with a parent or legal guardian booking the same service.

OTHER
SpaClub® is a non-smoking facility. Cellphone use is permitted in the lobby only.
INFORMATION FOR A PERFECT DAY

DON’T RUSH
Allow plenty of time before your massage so you can relax thoroughly in the warming environments of our Aquavana® hydrothermal suite. Warm muscles benefit most from bodywork.

SHOWER
A warm shower prior to your service helps prepare your body for a more relaxing experience. After your shower, put on your robe and take some time in the relaxation lounge.

(UN)DRESS THE PART
Unless the description specifies that your service is received clothed, we recommend that you undress completely and wear just a robe. You will be able to take your robe off and cover yourself in privacy.

COMMUNICATE WITH YOUR THERAPIST
Your comfort is our goal. Before your service begins, tell your therapist which areas you would like to focus on and any areas to be avoided.

RELAX
Close your eyes and allow your mind and body to be quiet. Breathe deeply and let tension slip away with each breath. Remember, this time is for you.

IN-SUITE SERVICES
Staying at The Venetian or The Palazzo? You may enjoy the following services in the privacy of your guest suite:

SPA
CANYON RANCH® MASSAGE
50/80 minutes $225/350
CRANIOSACRAL THERAPY
50 minutes 240
DEEP TISSUE MASSAGE
50/80 minutes 250/385
HEAD, NECK & SHOULDERS
50 minutes 225
REIKI
50 minutes 240
SHIATSU
50/80 minutes 240/375
SOLE REJUVENATION
50 minutes 225

FITNESS & WELLNESS
PERSONAL TRAINER, PILATES, YOGA
50 minutes 90

SALON
BARBER SERVICES 150
DESIGNER HAIR
No chemical services 150
MAKEUP 150
MANICURE
50 minutes 125
PEDICURE
50 minutes 150

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Thank you for visiting Canyon Ranch SpaClub, the trailblazing world leader in healthy living and luxury spa vacations. Since 1979, hundreds of thousands of people have enjoyed innovative health and fitness experiences at our destination wellness resorts and SpaClub® day facilities on land and at sea. Our serene and energizing environments have earned more awards than any other spa. Most important, countless guests have taken away lasting inspiration.

Whether you seek a few hours of blissful escape at a day spa or an in-depth resort experience, you’ll discover a Canyon Ranch atmosphere that reflects our healthy living vision. This is a place for positive growth, learning, stress reduction – and, of course, pure relaxation. Our goal is always to help you achieve transformative wellness, so you can live your fullest life.

To your good health!

The Venetian® and The Palazzo® Las Vegas

3355 Las Vegas Boulevard South, Suite 1159
Las Vegas, Nevada 89109  |  canyonranch.com

SpaClub® local: 702-414-3600  |  SpaClub: 877-220-2688
SpaClub group sales: 877-862-0583