

CANYONRANCH®

The Power of Possibility®

Tucson, Arizona | Lenox, Massachusetts

Healthy Team, Healthy Business

Incentives | Meetings | Team-Building



Vitality, inspiration & vision, incorporated

Your executives thrive on challenge, confidence, clarity and possibilities – the same qualities fostered at world-renowned Canyon Ranch wellness resorts. Here, your team members can renew their vigor, focus their thoughts, regain perspective and learn how to feel their best every day for work, play and life. Since their overall health is a key factor in the productivity and financial health of your company* the result is a bright prognosis for all.

Guests are welcomed by a staff and environment dedicated to optimal health. From fitness activities and nutritious cuisine to legendary spa services and in-depth executive health packages with top medical and wellness experts, your key team members will find everything they expect – and much more – to pursue abundant good health and peak performance.

***Workplace Wellness = Productivity**

- 1.8 fewer days absent per employee
- 11% more revenue per employee
- 28% higher shareholder returns

The Staying@Work Report ('09-'10), North America, Towers Watson

Place & possibilities

Corporate environments can mean stress, deadlines, competition and hefty workloads. At Canyon Ranch, your retreat becomes an opportunity to create greater balance and reawaken new energies in a serene setting, worlds apart from everyday rush and pressures.

Canyon Ranch expands the possibilities for individual achievement and corporate success by promoting healthy living and personal growth. Opportunities range from rest, play and relaxation to exploring personal potential and making lasting lifestyle changes – all in an inspiring environment of casual luxury, natural beauty, healthy abundance and limitless choice.

Perfect place, perfect fit

Whether you choose a Canyon Ranch resort in sunny Tucson, Arizona, or charming Lenox, Massachusetts, you'll find a setting that's ideally suited – logistically and philosophically – to meaningful incentive rewards and corporate retreats of up to 40 participants.

Individual and group incentive trips. Thank the people you value by investing in their future. Canyon Ranch promotes healthy living – and is one of the most desirable vacations in the world.

Corporate meetings. The comfortable environment enhances creative thinking and optimism. The location, accommodations, dining, facilities and countless amenities assure you a hassle-free meeting that yields great results.

Spouse programming. Everyone finds something they love at Canyon Ranch, with indoor and outdoor fitness activities, spa treatments, stunning scenery and a wealth of healthy opportunities from which to choose. In addition, we can arrange special classes, events or excursions especially for spouses and significant others.



Outdoor Dining | Lenox, Massachusetts



Demonstration Kitchen

Thrill your executives

There's something for everyone at Canyon Ranch resorts, including tennis, racquetball, squash, wallyball, basketball, swimming, biking, mountain biking and hiking. To build team communication and stronger relationships, choose a safe adventure on the High Ropes Challenge Course. Our state-of-the-art Golf Performance and Aquatic Centers in Tucson and full menu of seasonal outdoor activities in Lenox offer healthy fun for athletes at any level.

Build your team

Cultivate leadership, cooperation and innovative thinking with strategic activities. Keep your meetings productive with refreshing breaks featuring guided meditation, stretching or relaxation exercises. To foster mutual understanding and stronger relationships, consider group experiences such as:

- Group hikes or bike rides through inspiring terrain
- Golf training or 18 holes at nearby courses
- High Ropes Challenge Course designed for personal discovery and team growth
- Cooking demonstrations and private gourmet dinners in our Demo Kitchen

Our professional team can customize all the details of your corporate retreat, so you can concentrate on the greater experience.

Healthy advantage

At Canyon Ranch resorts in Tucson and Lenox, executives can have a complete physical in the fully equipped Health & Healing Center. All the tests and consultations occur in one place, our board-certified doctors are among the world's best, and the care received is thorough and unhurried. Ranch physicians work with an integrative team of nutritionists, exercise physiologists, mind-body experts and other specialists to address the whole person and create a plan for long-term wellness. For our most in-depth health assessment, you may choose a Canyon Ranch Executive Health Program, which was created in collaboration with Cleveland Clinic and offers an entirely new level of sophistication, thoroughness and follow-through.

Special for your group – presentations by Canyon Ranch experts can focus on a variety of topics, including:

- Stress management
- Leadership development
- Problem-solving
- Communication
- Personal and group goal-setting
- Physical and spiritual wellness
- Conflict management
- Team building
- Power of visualization



The complete package

Every Canyon Ranch Resort experience includes:

- Gracious accommodations
- Three gourmet meals daily, plus always-available healthy snacks
- Generous allowance for spa, sports and integrative wellness services
- More than 40 fitness classes daily
- Indoor & outdoor activities such as hiking, biking and racquet sports
- Unlimited access to incredible spa and fitness facilities
- Presentations by fitness, nutrition, stress management & medical experts
- Transfers to and from local airports or train stations, or complimentary valet parking
- The kindness, warmth and expertise of our genuine, caring staff



For corporate retreats

We supply the room and refreshments and can work with you to provide for your multimedia needs, including complimentary use of data projectors with laptops for Power Point presentations. Group activities and classes may be scheduled in advance. Our professional staff can provide training and leadership in the areas you choose (*fees vary*).

Please note. We do everything we can to maintain the all-healthy, tranquil environment that guests love at Canyon Ranch:

- Smoking is permitted only in designated, nonpublic areas and not in guest accommodations.
- Cell phone conversation is permitted only in guest rooms and designated areas.
- Alcohol is not served, sold or permitted in public areas at our Tucson and Lenox resorts.



Ropes Challenge Course

What They're Saying

The whole experience was challenging, relaxing, peaceful, awesome, adventurous, and enlightening. The experience went way above and beyond any expectations that I had."

-Jen, Arlington Heights IL

"I am truly amazed by the entire facility. ... The peace, serenity and spirituality that surround Canyon Ranch is what makes this place so special."

-Marcy, Upper Darby PA

"The best part for me is the totality of the experience. Everything is consistent in leading to healthier choices in life."

-Harriette, NYC

"We loved our stay at the Ranch. It is a spectacular concept, fantastic location and immaculate execution. The attention to detail (in everything!) is tremendous and this is what makes it an absolute 5-star experience."

-Alex, NYC

"I'd rather spend a week at Canyon Ranch than anywhere else in the world!"

-Shirley, San Jose CA

"From the planning to the execution, the team at Canyon Ranch exceeded my expectations."

-Karen Schueller, Frosch Travel

Accolades

Only 11-time *Condé Nast Traveler* magazine Best Spa
ZAGAT Top Destination Spa | *Travel + Leisure* World's Top 10 Spas
American Airlines *Celebrated Living* magazine Favorite Spa

Tucson, Arizona



MEETING SPACES & FACILITIES

Semi-Private Dining | 28 guests maximum. Fees vary.

Private Dining | 36 guests maximum (fees vary). May be arranged in the Dining Room or in the Demonstration Kitchen.

Note: We encourage that some meals be “on your own” so that you can enjoy the full menu and focus on the individual dining experience.

Your meeting includes complimentary use of our equipment.

Data projectors with laptop | Screens, TVs, and DVD players | Podiums | WiFi | Polycom
Other equipment can be arranged for an additional fee with advanced notice.

MEETING ROOMS	SIZE	CEILING	THEATER	CLASSROOM	RECEPTION	BANQUET
Catalina Room	28' x 24'	8'6"	50	28	50	28
Cactus Room	22' x 30'	8'5"	50	28	36	21
Demo Kitchen	25' x 25'	8'	40	36	40	36
Training Center	20' x 31'	8'9½"	50	24	55	50
The Pavilion	37' x 58'	9'	140	70	125	75

Tucson, Arizona



Life Enhancement Center

This beautiful, self-contained facility houses meeting rooms, gyms, locker rooms, and a dining room – all of which can be reserved for the exclusive use of your group. In addition to the many Life Enhancement Center® features, your group members will have full access to the extensive facilities and services available to every Canyon Ranch guest.

MEETING ROOM	SIZE	CEILING	THEATER	CLASSROOM	RECEPTION	BANQUET
Saguaro Room	34' x 37'	8'5"	138	84	132	104
Ocotillo Room	29' x 14'	8'11"	44	27	42	32



Casa Grande

With its spacious rooms and stunning views, this luxurious private home setting can serve a variety of purposes. Small groups will enjoy the intimate feel and comfort of the surroundings. Casa Grande is also ideal as a hospitality suite, for receptions or as VIP lodgings. From its luxurious interior to the lovely patio, this beautiful three-bedroom accommodation provides a distinctive and inspiring environment. Fees will apply for use of this accommodation or meeting space.

MEETING ROOM	SQUARE FOOTAGE	CEILING	RECEPTION
Kitchen/Living/Dining	1,020 sq. ft.	— / 13'1" / 12'6"	20

Lenox, Massachusetts



MEETING SPACES & FACILITIES

Semi-Private Dining | 24 guests maximum. Fees vary.

Private Dining | 40 guests maximum (fees vary). Dining in the Demonstration Kitchen.

Note: We encourage that some meals be “on your own” so that you can enjoy the full menu and focus on the individual dining experience.

Your meeting includes complimentary use of our equipment.

Data projectors with laptops | Overhead projectors | Screens, TVs, and DVD players | Podiums | WiFi

Other equipment can be arranged for an additional fee with advanced notice.

MEETING ROOM	SIZE	CEILING	THEATER	CLASSROOM	U-SHAPE	CONFERENCE
Stockbridge Room	25' x 17'	9'6"	20	—	—	14
Rockwell Room	25' x 32'	9'6"	38	24	20	24
Stockbridge & Rockwell Rooms may be combined	25' x 49'	9'6"	60	35	32	26
Berkshire Room	29' x 33'	9'3"	30	30	15	16
Tanglewood Room	27' x 28'	8'3"	35	18	15	16
Lenox Room	12' x 25'	8'	—	—	—	12

CANYON RANCH®

The Power of Possibility®

canyonranch.com

CANYON RANCH IN TUCSON

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CANYON RANCH IN LENOX

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Laura Orley, Group Sales Manager | 800-954-5005

HEALTH RESORTS Tucson, Arizona | Lenox, Massachusetts HOTEL & SPA Miami Beach
SPACLUB® DAY SPAS Las Vegas | Cunard's Queen Mary 2® | Oceania Cruises® | Regent Seven Seas Cruises®