

SMOOTHIES

FRESH FRUIT SMOOTHIE

12oz – \$5 / 20 oz – \$7

CLASSIC STRAWBERRY BANANA

Organic strawberries, banana and apple juice

MORNING KICK-START

Orange juice, apple juice, carrot juice, pineapple and banana

MANGO BLACKBERRY

Mango, blackberries, banana and apple juice

CREATE YOUR OWN SMOOTHIE

12oz – \$6 / 20 oz – \$8

Choose from the following items:

STRAWBERRY

BANANA

BLACKBERRY

BLUEBERRY

RASPBERRY

PEACHES

MANGO

PINEAPPLE

APPLE JUICE

ORANGE JUICE

MILK

COCONUT MILK

VANILLA

SMOOTHIE SHOTS \$1

Protein – yogurt, whey, brown rice, soy

Fiber – wheat germ

Omega-3 – ground flax seed

Antioxidant – pomegranate concentrate

CANYONRANCH® | c a f é

breakfast & lunch

Many of our ingredients are organic, including our meats, dairy, grains, oils, greens and other items.

hours of operation
7:00 a.m. – 2:00 p.m.

CANYONRANCH
SpaClub

At The Venetian | At The Palazzo | Las Vegas

3355 Las Vegas Boulevard South, Suite 1159
Las Vegas, Nevada 89109

SpaClub: 877-220-2688

SpaClub local: 702-414-3600

SpaClub group sales: 877-862-0583

canyonranch.com

BREAKFAST

BREAKFAST CLUB 410 / 15 / 4 \$12

Sage-spiked chicken sausage, organic egg and organic cheddar cheese served on choice of bread

BREAKFAST TOFUDILLA V 315 / 6 / 10 \$13

Southwest seasoned tofu with black bean chili, avocado and tomatoes Served with jalapeño cucumber relish.

- Substitute eggs \$1
- Add cheese \$1

LOX, STOCK AND BAGEL 400 / 8 / 6 \$14

Natural lox, tomato, onion and cream cheese

MOHAVE BREAKFAST BURRITO 410 / 15 / 11 \$13

Tomato, corn, poblano, chorizo, organic cheddar, onion, garlic, avocado, cilantro and organic egg wrapped in a sprouted-wheat tortilla

WHOLE WHEAT PANCAKES 365 / 8 / 4 \$12

Blueberry, banana or mango served with pure maple syrup

RAISIN WALNUT FRENCH TOAST 390 / 10 / 7 \$12

Served with pure maple syrup

ORGANIC STEEL-CUT OATMEAL V 155 / 3 / 4 \$7

Served with brown sugar, raisins and pecans 300 / 8 / 5

FRUIT, YOGURT & GRANOLA BOWL 385 / 7 / 10 \$9

Our homemade granola topped with fresh fruit and plain yogurt

ALVARADO STREET SPROUTED-GRAIN BAGEL 250 / 3 / tr \$3

With organic cream cheese 350 / 3 / 10

A SELECTION OF TOAST WITH BUTTER** 235 / 9 / 4 \$3

Seasonal artisan breads including, honey wheat, raisin walnut and gluten-free multi-grain

LUNCH

HOUSE-MADE CHILI GF, V 305 / 2 / 13 \$6

Vegetarian chili served with pico de gallo

MANCHEGO CHOPPED SALAD GF 285 / 15 / 7 \$10

Garbonzo beans, peppers, celery, tomatoes, cucumber, onion, capers, olives and artichokes, tossed with French vinaigrette and Manchego cheese

- Add chicken 140 / 3 / tr \$6
- Add tofu 115 / 8 / 1 \$4

All items below are served with a side salad.

SONORAN TURKEY WRAP 395 / 11 / 9 \$12

Natural turkey, avocado, roasted peppers and jalapeño cream cheese

VEGETABLE PESTO FLATBREAD 370 / 11 / 4 \$12

Basil pesto, roasted tomatoes, onions and mozzarella on homemade flatbread

CHICKEN SALAD SANDWICH 315 / 11 / 4 \$12

Traditional chicken salad served on homemade raisin walnut bread

TUNA WRAP 385 / 15 / 6 \$12

Homemade tuna salad with tomato, cucumber, artichoke, olives and capers Wrapped in a sprouted wheat tortilla

CHILI BURGER 460 / 12 / 6 \$14

Bar 10 ground beef, black bean chili, jalapeño relish, tomato, onion and lettuce served on a freshly baked bun

- Add cheese \$1

GABE'S SPECIAL No numbers, No worries

Items and price change daily. Please ask your server.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. If you have food allergies and are interested in an ingredient list, please ask your server. Please let your server know your time restrictions.

calories / fat / fiber, tr = Trace (less than 1 gram)

GF=Gluten-free (no wheat, rye or barley).

Please note our kitchens are not gluten-free environments.

V=Vegan-No animal products (may contain honey)

** 1 pat of butter adds 65 calories, 6 grams of fat and 0 fiber grams

BEVERAGES

SONOMA SPARKLING JUICES 6oz - \$5

Peach, pear or raspberry

JUICES

12oz - \$5 / 20oz - \$7

Orange, apple, carrot, cranberry, grapefruit, ginger and beet

VIRGIN MIMOSA 6oz - \$4

Fresh orange juice & Sonoma sparkling juice

LEMONADE 20oz - \$3

GINGER ALE 20oz - \$3

ARNOLD PALMER 20oz - \$3

POM WONDERFUL® BEVERAGES 16oz - \$5

NUMI ORGANIC HOT TEAS pot - \$3

ZHENA'S ICED TEAS 20oz - \$3

AROMA ORGANIC SHADE-GROWN COFFEE \$4

Organic specialty

CUSTOM COFFEES & TEAS \$5

Espresso, latte, cappuccino, macchiato, frappé, Tazo chai latte

EXTRA ESPRESSO SHOT \$2

FLAVOR SHOT 50¢

Wax Orchards chocolate, Flavororganics French vanilla, caramel, raspberry, amaretto, hazelnut and peppermint

ORGANIC MILK 12oz - \$4

Non-fat, 2%, Silk plain or vanilla soy

HOME BAKED

Assorted seasonal baked goods, including scones, muffins, cookies and artisan breads