

Jonathan Ellerby, Ph.D.

Jonathan Ellerby, Ph.D., has spent more than 20 years dedicated to the personal, professional and academic exploration of spirituality, healing and consciousness. Throughout his journey, he has traveled the world to meet and study with spiritual teachers from more than 40 cultural traditions.

Dr. Ellerby has a perceptive and unassuming way of discussing the complex subject of spirituality using his gentle voice, subtle humor and thought-provoking questions. His breadth of knowledge and experience allow him to address a wide range of topics and applications, revealing the practical, inspirational and healing dimensions of spirituality. An engaging speaker, Dr. Ellerby often employs classic folk tales and true stories of his travels around the world to enlighten his audience about the relevance of spirituality today. He makes the complicated simple – and allows his listeners to reach their own conclusions.

Employing his doctoral degree in Comparative Religion and ordination as an Interfaith Minister, Dr. Ellerby has worked as a healer, teacher and consultant in settings as diverse as hospitals, major corporations, prisons, community groups, conferences, and now in the world's leading health & fitness resort, Canyon Ranch, where he directs spiritual programming.

Dr. Ellerby has been featured on TV, radio and in the recent documentary, "Secrets of the Soul." He is the author of *Return to the Sacred: Ancient Pathways to Spiritual Awakening* (Hay House, January 2009) and an eight-CD audio program (Sounds True audio, February 2009) that guides people into the world of spiritual practice.



CREDENTIALS

Doctorate in Comparative Religion, Graduate Theological Foundation
Master's degree in Native Studies, University of Manitoba
Ordained Interfaith Minister, The New Seminary, NY

Topics

SPIRITUALITY AND HEALTH

Explore the critical link between spirituality and health and ways that health is enhanced by spiritual philosophies and practices. You will learn that sometimes the most critical factor in the journey of healing, wellness and prevention is the one most often forgotten. Understand the holistic nature of health and how to use that knowledge for your own transformation.



Jonathan's idea of heaven: being with his young son in nature.

TOPICS continued on back

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SOULFUL LIVING, SACRED BALANCE

Learn how to move from managing stress to realizing your fullest potential in this practical and informative examination of how people master the process of transformation and inner peace. This session will help you understand that the greatest resources for reducing stress and dealing with difficult situations with clarity and inner peace are already within you. Discover strategies and tools for responding to change, facing uncertainty and creating your own life balance. This program is adaptable and designed to be applicable to wherever you are at in life, no matter what your goal or challenge.

THE SOUL AT WORK

What does it mean to bring your soul to work? What advantage does a business built on values and spiritual culture have over those that do not? Drawing from his work as a corporate executive and a business consultant, Dr. Ellerby answers these questions and shows the powerful potential in the marriage of business and spirituality.

SPIRITUAL ANSWERS TO MODERN PROBLEMS

In changing times of political and economic uncertainty, finding happiness at home becomes more difficult and more important. In this presentation, Dr. Ellerby reveals the spiritual perspectives and practices that will empower you to find peace and meaning in a chaotic world. Create a life of meaning and become a part of the change you seek.

ANCIENT PATHWAYS TO SPIRITUAL AWAKENING

Drawing from his book *Return to the Sacred*, Dr. Ellerby will enlighten you about timeless practices that are found around the globe. Learn how to create and deepen a spiritual practice. Find your own way to peace and power on the ancient pathways of the world's mystics, saints and sages.

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