

SERVICE FEES 2011

CANYON RANCH.
HOTEL & SPA

MIAMI BEACH



HEALTH & WELLNESS

HEALTH PACKAGES

Address Your Stress	\$1,800
Executive Health Program	3,500
Healthy Weight for Life.....	3,500
Optimal Living®.....	1,800
Optimizing Pain Management	1,100
Optimizing Pain Management	1,950
Smoking Cessation.....	1,800

MEDICAL CONSULTATIONS

Acupuncture	50 min	\$175
Chinese Herbal Consultation	50 min	175
Comprehensive Chinese Medicine & Acupuncture Consultation.....	80 min	265
Creating Optimal Health Consultation	80 min	500
Second Opinion	50 min	350
Ultraprevention Medical Evaluation.....	multiple sessions	1,400

SPECIALTY SERVICES

McKenzie Movement Prescription.....	50 min, 25 min	\$275
Targeted Pain Relief.....	50 min	175

DIAGNOSTIC TESTING

Adrenal Testing		\$525
Biomarker Health Status	multiple sessions	3,400
Bone-Density Evaluation & Osteoporosis Prevention.....	(2) 25 min	350
Cardiac Stress Test.....	(1) 50 min	525
Cardiometabolic Stress Test.....	(2) 50 min	680

DEXA Body Composition.....	50 min	\$200
Facial Skin Imaging System	25 min	75
Genomics Testing & Evaluation.....	(2) 50 min	815
Heart-Rate Variability Testing.....	(2) 25 min	325
Hormone Testing (<i>additional fee for labs</i>).....		525

HEALING ENERGY ☯

Acupuncture	50 min	\$175
Acutonics®.....	50 min	175
Comprehensive Chinese Medicine & Acupuncture Consultation.....	80 min	265
Healing Energy.....	50 min	175
	80 min	250
Reiki	50 min	140
	80 min	220

LIFE MANAGEMENT ☯

Building Better Relationships	50 min	\$175
Healthy Lifestyle	50 min	175
Mastering the Change Process	50 min	175
Navigating Life's Transitions	50 min	175
Stress Management.....	50 min	175

NUTRITION ☯

Detox Your Diet.....	50 min	\$175
Food Sensitivity Testing (<i>additional fee for labs</i>).....	(2) 50 min	325
Healing Foods	50 min	175
Lifetime Nutrition	50 min	175
Maximize Your Metabolism.....	(2) 50 min	430
Nutrition for Weight Loss	80 min	265

THE SPA

	Sunday – Thursday	Friday – Saturday	Sunday – Thursday	Friday – Saturday
BODY WORK				
Authentic Aromatherapy Treatment	50 min	\$155	80 min	\$165
	80 min	245	255	255
Canyon Ranch Massage Ⓢ	50 min	145	155	
	80 min	225	235	
	110 min	305	315	
Canyon Stone Massage Ⓢ	80 min	245	255	
	110 min	335	345	
Deep Tissue Massage Ⓢ	50 min	165	175	
	80 min	255	265	
	110 min	355	365	
Deep Tissue Thermal Therapy	80 min	255	265	
	110 min	355	365	
In-Suite or In-Residence Massage	50 min	225	235	
	80 min	330	340	
	110 min	455	465	
Muscle Melt for “Road Warriors” Ⓢ	80 min	255	265	
	110 min	355	365	
SPECIALIZED TOUCH THERAPIES Ⓢ				
Abhyanga (1 therapist)	50 min	\$165	80 min	\$175
	80 min	255	265	
Abhyanga (2 therapists)	50 min	325	335	
	80 min	505	515	
Ashiatsu	50 min	155	165	
	80 min	245	255	
Neuromuscular Therapy	80 min	255	265	
Reflexology	50 min	155	165	
Reflexology (add-on to another service)	25 min	80	90	
Shiatsu	50 min	\$155	80 min	\$165
	80 min	245	255	
Thai Massage	80 min	245	255	
	110 min	335	345	
MATERNITY				
Prenatal Massage	50 min	\$145	80 min	\$155
	80 min	225	235	
The Smoothie	80 min	265	275	
BODY RITUALS				
De-Stress Chakra Ritual	100 min	\$335	100 min	\$345
Euphoria Ritual	100 min	335	345	
Japanese Bathing Ritual	100 min	335	345	
Miami Rejuvenating Spice	100 min	335	345	
Native American Dreamtime	100 min	335	345	
Rasul Ceremony (<i>per guest</i>)	45 min	145	155	
Traditional Thai Detoxifying Ritual	100 min	335	345	
Turkish Hammam Bath Ritual	50 min	170	180	
Yatra – A Journey Through the Senses	100 min	335	345	
AYURVEDIC BODY RITUALS				
Ayurvedic Herbal Purification	140 min	\$450	80 min	\$460
Ayurvedic Herbal Rejuvenation	80 min	265	275	
	100 min	335	345	
Kizhi Medicated Herbal Pouch Treatment Ⓢ	80 min	265	275	
Shirodhara Ⓢ	50 min	165	175	
Shirodhara (<i>add-on to another service</i>) Ⓢ	20 min	80	90	
Svedhana Herbal Steam Treatment Ⓢ	50 min	170	180	

Ⓢ denotes services available to teens, ages 14 – 17.

THE SPA Cont.

Sunday –
Thursday

Friday –
Saturday

SKIN CARE

Sunday –
Thursday

Friday –
Saturday

BODY TREATMENTS

Body Wraps €	50 min	\$170	\$180
	100 min	305	315
Dead Sea Treatment.....	50 min	170	180
	80 min	235	245
Conditioning Body Scrubs €	50 min	170	180
	100 min	305	315
Energyzing Tropical Rainshower €	50 min	170	180
	100 min	305	315
Hip & Thigh Smoothing Treatment €	50 min	170	180
	100 min	305	315
Skin-Rejuvenating Body Treatment €	50 min	170	180
Svedhana Herbal Steam Treatment €	50 min	170	180
Thalassotherapy €	50 min	170	180
	100 min	305	315
Therapeutic Aromasteam Treatment	50 min	170	180

COUPLES-ONLY TREATMENTS

Mindlink Couples Relaxation Therapy (<i>per guest</i>)	50 min	\$185	\$195
	80 min	265	275
Royal Body Ceremony (<i>per guest</i>).....	125 min	380	390
Ultra-Moisturizing Treatment for Two (<i>per guest</i>) ..	100 min	305	315

SOUND THERAPY

Mindlink Couples Relaxation Therapy (<i>per guest</i>)	50 min	\$185	\$195
	80 min	265	275
Sole Reflexology	50 min	185	195

OUR SIGNATURE COLLECTION

Your "Total" Transformation Facial	80 min	\$335	\$345
Your Transformation Body Rejuvenation	50 min	170	180
Your Transformation Facial	50 min	155	165
Your Transformation Head to Toe	100 min	305	315

FACE, NECK & DECOLLETE

Ageless Oxygen Boost	50 min	\$230	\$240
Cleanse & Polish Back Treatment €	50 min	155	165
Clinical Age-Management Facial	80 min	245	255
Contour & Lift Facial	80 min	280	290
Deep Cleansing Facial €	50 min	155	165
Gentlemen's Facial	50 min	155	165
	80 min	245	255
Marine Facial	50 min	155	165
	80 min	245	255
Sensitive Skin Facial €	50 min	165	175
Skin Refinishing Treatment	80 min	260	270
Total Elegance Age-Minimizing Facial.....	50 min	230	240
Total Elegance Facial €	50 min	180	190
Vitamin Infusion Facial.....	50 min	165	175
	80 min	260	270

HEALTHY SKIN MANAGEMENT






Facial Skin Imaging System	25 min	\$80	\$90
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FACIAL ENHANCEMENTS

Anti-Gravity Focus	25 min	\$80	\$90
Eye Lift	25 min	80	90
Ultrasonic Microdermabrasion	25 min	80	90

EXERCISE & MOVEMENT

PERFORMANCE TESTING & ASSESSMENT

Comprehensive Exercise Assessment 	(2) 50 min	\$330
Comprehensive Exercise Assessment Follow-Up 	50 min	120
Coordination & Balance Testing 	50 min	165
Exercise for Healthy Aging	50 min	165
Healthy Flexibility 	50 min	165
Metabolic Exercise Assessment	(2) 50 min	330
Target Heart-Rate Determination 	50 min	165

CUSTOMIZED PERFORMANCE PROGRAMS

Dance Lesson	50 min	\$120
Personal Training	50 min	110
Rx for Exercise	50 min	120
Specialized Personal Training	50 min	120
	80 min	190

MIND-BODY CONNECTION

Gyrotonic Expansion System®	50 min	\$120
Kinesis® 	50 min	120
Meditation, Qi Gong or Yoga 	50 min	120
Pilates 	50 min	120

AQUATIC EXPERIENCES

Aqua Conditioning Workout	50 min	\$120
Burdenko Water Exercise	50 min	120
Open-Water Swim Training	50 min	120
Swim Lesson	50 min	120

INDOOR ADVENTURE

Rock Wall Climbing	25 min	\$50
	50 min	95

SALON

NAIL SERVICES

Canyon Stone Pedicure	80 min	\$130
Classic Groom & Polish	25 min	30
Gentlemen's Manicure	50 min	60
Gentlemen's Pedicure	50 min	75
Ice Cream Pedicure	50 min	75
Manicure Rituals	50 min	60
Manicure Ritual Enhancements		
Age-Defying		20
French Polish		15
Mayaimi Tropical Feet Treat	50 min	85
Pedicure Rituals	50 min	75
Pedicure Ritual Enhancements		
Aching Feet Relief		15
Age-Defying		20
French Polish		15
Toes on the Go	25 min	35

HAIR DESIGN

Cut	\$75 – 120
Blow Dry	from 50
Style	from 75
Color	from 80
Dimensional Color	from 125
Designer Perms	from 80

 denotes services available to teens, ages 14 – 17.

SALON Cont.

SPECIALTY TREATMENTS ☪

Custom Blend Hair & Scalp Treatment	80 min	\$140
Follow-Up Self-Tanning Treatment	20 min	75
Gentlemen's Scalp Renewal.....	45 min	60
Makeup Application	25 min	65
Makeup Application & Consultation	50 min	125
Self-Tanning Treatment	50 min	165

JUST FOR TEENS

SALON

Pedicure Party (<i>per guest</i>)	50 min	\$80
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SKIN CARE

Teen Skin-Care Consultation	20 min	\$40
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Look for the ☪ throughout this menu that denotes services available to teens, ages 14 – 17.

CANCELLATION & LATE POLICY

Please allow 24 hours notice for cancellation or rescheduling of spa services to avoid a 100% charge. Medical packages require a 72-hour cancellation notice to avoid a 100% charge. Should you arrive late for your appointment, your service will be modified to maximize your remaining time to honor other scheduled appointments.

GRATUITY

For your convenience, an 18% gratuity is added to all Spa and Salon services. No gratuity will be added to any medical or fitness services.

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