

CANYON RANCH.

The Power of Possibility.

CANYON RANCH SPA CLUB® AT THE VENETIAN AND THE PALAZZO Las Vegas

Canyon Ranch SpaClub® opened in 1999 at The Venetian Resort in Las Vegas. The 69,000-square-foot, two-level health spa, wellness and fitness facility is one of the largest of its kind in North America.

In 2008, the facility expanded to 134,000-square-foot servicing both The Venetian and The Palazzo.

Canyon Ranch has been offering healthy, active vacations for more than 30 years. The life-enhancement company has two health resorts – the original, which opened in Tucson, Ariz., in 1979, and a second, which opened in Lenox, Mass., in 1989. Canyon Ranch introduced Canyon Ranch Hotel & Spa in Miami Beach and Canyon Ranch Living Miami Beach, the nation's first luxury wellness hotel and residential community, in 2008. The newest Canyon Ranch venture, Canyon Ranch SpaClub at Sea, features facilities on-board the seven ships that make up Oceania Cruises and Regent Seven Seas Cruises, as well as on-board Cunard's Queen Mary 2 luxury ocean liner.

Canyon Ranch SpaClub offers a rich sampling of the programs and services that have made Canyon Ranch the overwhelming choice for best spa according to the readers of *Travel + Leisure*, *Condé Nast Traveler* and *Departures* magazines. Canyon Ranch SpaClub in Las Vegas is the recipient of a Four-Star Rating in the *Forbes Travel Guide: America's Best Hotel & Resort Spas* for the seventh consecutive year (2011), and received honorable mentions in the Best Spa for Cuisine and Best Las Vegas Spa categories from *Spa Magazine* Silver Sage Readers' Choice Awards (2011).



FACILITIES

- ◆ The state-of-the-art SpaClub facilities include massage, skin care and body treatment rooms, fitness center, 40-foot indoor rock-climbing wall, movement therapy and Pilates studio, cycling gym, Kinesis™ studio, men's and women's locker rooms, relaxation lounges, two restaurants, beauty salon, bridal suite, barber suite, and North America's only Aquavana®.
- ◆ More than 100 daily offerings include fitness activities for all levels, massage and body treatments, exercise physiology, physical therapy, movement therapy, nutrition counseling, skin care and beauty salon service.
- ◆ 82 massage rooms, 12 facial rooms.
- ◆ Guests of Canyon Ranch SpaClub must be at least 18 years old.
- ◆ SpaClub is open daily from 5:30 a.m. to 10 p.m.

AQUAVANA®

- The Aquavana experience is a complete European-inspired suite of thermal spa cabins, experiential showers, cold rooms and aqua thermal bathing experiences. To receive the maximum benefit from the Aquavana experience, the Canyon Ranch SpaClub concierge assists guests through the various circuits:
 - ≈ The co-ed space includes three rooms: Conservatory relaxation space, the Wave room – A multi-sensory experience simulating the look, smell and feel of breaking waves under a domed canopy. Salt Grotto – Sea air washes over heated benches and intimate seating niches surrounding a fountain bubbling over natural salt rocks.

- ≈ Crystal Steam Room – Cleansing aromatic steam environment with a large central crystal to inspire and focus meditation.
- ≈ Experiential Rains – Invigorating, multi-sensory cooling showers.
- ≈ Finnish Sauna – A classic dry-heat sauna environment lit by colored light.
- ≈ Herbal Laconium – Gentle warming of the body through warm, herbal infused steam.
- ≈ HydroSpa – A variety of massage fountains provide gentle massage and are surrounded by radiant lounge chairs designed for relaxation.
- ≈ Igloo – Cool air and three experiences enhanced by twinkling fiber optics.

HEALTHY FEET™ CENTER

- Guests will find specialized care and treatment services at the groundbreaking Canyon Ranch Healthy Feet™ center, developed in partnership with foot expert Dr. Glenn Copeland, author of *The Foot Book*. The Canyon Ranch experts can analyze a guest's gait, prescribe orthotics (shoe inserts) when necessary, and provide rejuvenating foot and leg therapies.

SPA TREATMENTS & PACKAGES

- ◆ More than 100 treatment and service spaces for SpaClub's impressive menu of rejuvenating spa and body treatments include massage and therapeutic bodywork, mud, aromatherapy, ayurvedic and seaweed treatments, facials and masks, conditioning body scrubs, rejuvenating body cocoons, energy therapy, couples' and maternity services.
- ◆ Signature services include Rasul Ceremony, an ancient mud and steam treatment, King's Bath, Mango Sugar Glo and Canyon Stone Massage.
- ◆ Couples' services include both skin care and massage.
- ◆ Skin care and massage services can be especially designed for the mother-to-be and post-delivery.
- ◆ SpaClub packages are available, combining popular services to create a complete Canyon Ranch experience.

FITNESS CLASSES & ACTIVITIES

- ◆ Daily fitness classes and activities include a 40-foot indoor rock-climbing wall, aerobics, kickboxing, cycling, strength training, stretching, yoga, Pilates and Kinesis – an innovative training focused on balance, flexibility and stability.
- ◆ Two fitness centers offer more than 50 pieces of cardio equipment, 15 indoor cycling bikes, strength machines and free weights.

HEALTH & WELLNESS CONSULTATIONS

- ◆ Wellness consultations and guidance in lifestyle change are available with specialists including nutritionists, exercise physiologists, Pilates and Kinesis instructors, acupuncturists and personal trainers.
- ◆ Complimentary exercise, lifestyle and nutrition lectures are offered daily.

CANYON RANCH RETAIL

- ◆ Living Essentials® is located in The Palazzo Resort at SpaClub's main lobby. The 993-square-foot retail boutique offers fitness clothing, cookbooks, literature, logo apparel, fitness materials, music, nutritional supplements, and personal spa product mixing and sampling.
- ◆ Spa Treatment Boutique is adjacent to the conservatory and will provide service-based products for massage and skin care. Also offering literature, massage and skin care tools.

CANYON RANCH SALONS

- ◆ The only beauty salon at The Palazzo.
- ◆ Offers a full menu of services for men and women, including sophisticated hair design, luxurious spa manicures and pedicures, makeup consultations and makeovers.

- ◆ Professional hair and lash extensions.
- ◆ Private Bridal and Barber Suite in The Palazzo.
- ◆ Open daily from 9:00 a.m. to 7:00 p.m.

CANYON RANCH SPA CLUB DINING

- ◆ Canyon Ranch has been celebrated as a leader in nutritious gourmet cuisine for more than 30 years.
- ◆ Canyon Ranch Café: The casual café is located in The Venetian Resort just off the 4th floor suite elevators. A variety of fresh juices, smoothies, coffee creations, teas and house baked good are available for dining in or carry out.
- ◆ Canyon Ranch Grill: The 100-seat fine dining restaurant serving breakfast, lunch and dinner is located in the Palazzo Resort just off of the 3rd floor suite elevators. A social lounge serving specialty cocktails features organic spirits and beers, organic, biodynamic or sustainable wines. An outdoor terrace overlooking the pool is open seasonally. A private dining room is available for intimate parties and events.

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